



# Woori Adult Day Care 우리 어덜트 데이케어



March 2018

Tel (718)445-4747 & (718)709-4747

시 간	월요일 (Mon)	화요일 (Tues)	수요일 (Wed)	목요일 (Thurs)	금요일 (Fri)
8:30-10:00	<i>Breakfast</i>				
8:30-9:20	Sing, Sing, Sing!	Sing, Sing, Sing!	Sing, Sing, Sing!	Sing, Sing, Sing!	Sing, Sing, Sing!
9:20-10:00	Morning Forum	Yoga Band	Basic Smartphone	Yoga Band	Morning Forum
9:00-10:00	Basic Smartphone	Basic Smartphone	Health Seminar	Basic Smartphone Beginning Guitar	Basic Smartphone Beginning Guitar
10:00-11:00	Basic Computer Knitting- Finger Therapy Strength Therapy	Basic Computer Calligraphy Senior Aerobics Senior Drama Class	Basic Computer Citizenship Class Arts & Crafts Strength Therapy	Basic Computer Melody (Music Therapy)	Basic Computer Senior Tai Chi Painting/Coloring Senior Drama Class
11:00-12:00	Senior Aerobics Basic Computer	Basic Computer Calligraphy "Min-Yo" Folk Music Class *Hair-cut service	Silver Line Steps Basic Computer Beginning English	Basic Computer Senior Yoga Keyboard (Music Therapy)	Basic Computer Painting/Coloring Recreation Keyboard (Music Therapy)
12:00	<i>Lunch</i>				
12:40-1:30	Bingo	Bingo	Bingo	Bingo	Bingo
12:30-1:30		Line Dance		Line Dance	Kayla's English
Afternoon	Free Dance & Karaoke/ "Woori Choir" (Every Wed 1:30-2:30PM)				
8:30-4:30	Free Consultation				



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“**Woori**” means “together.” Together, we help our senior members to maintain stronger mental and physical health. To the members who are eligible for Managed Long Term Care plans, we provide more than 20 cognitive-stimulating programs and opportunities for socializations. We also provide free law-firm/accountant/social related consultation services from our licensed volunteers.

For more information, please do not hesitate to call us and find out if you are qualified!

Woori Adult Day Care, Inc. (우리어덜트데이케어)  
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